
DIAMOND DANCE CUP



DISCO DANCE, DISCO SLOW, DISCO DANCE FREESTYLE, PA IMPRO

RULES

ORGANIZER

Alchemy Dance Academy
Sports & Art Academy

DATE AND PLACE

27-28.09.2025 (Saturday-Sunday)

Raszyn Sports Center
Ul. Sportowa 30, 05-090 Raszyn (Warsaw-Raszyn)

ORGANIZATIONAL MANAGEMENT

Paulina Asendrych -Chałupka tel.: +48 500-112-316

PATRONAGE

Polish Dance Federation

INFO

www.diamond-dancecup.pl

OFFICIAL MARKINGS

@polskafederacjatanca @diamond_dancecup.pl @alchemiadanceacademy @sportartacademy

TOURNAMENT OBJECTIVES

- Selection of the best dancers in each level of advancement
- Popularization of dance among children and youth as a form of active recreation
- Confrontation and exchange of ideas and experiences between clubs and coaches
 - Integration of dancers and trainers in the spirit of fair play

**The competition is open to both non-affiliated clubs
in any dance organization in Poland or associated with the Polish Dance Federation.**

AGE AND DANCE CATEGORIES, WAYS OF PLAYING THEM

DISCO DANCE

category	presentation time/level	age group
PFT League Solo***	E**, D**, C, B, A, S <i>(music by the organizer)</i>	8-, 9-10, 11-12, 13-14, 15-16, 17+
PFT League Duets***	E+D, C+B, A+S <i>(music by the organizer)</i>	7-, 12-, 13-14, 15+
Solo Open	BEGINNER – beginner max 0:15 -0:40-0:30 min. INTERMEDIATE – intermediate max 0:20 -0: 50-0 :30 min. ADVANCE – advanced max 0:30-1:00-1:00 min. <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Youth – 17-20 years Adults DD – 21 and over years
Open Duets	max 0:30-1:00-1:00 min. <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults 1 – 17+ years
Groups* (3 - 7 people)	1:30 min. <i>(music by the organizer)</i>	Mini kids – 8 years and under Children - 12 years and less Junior - 13 -16 years old
Formations* (8 or more people)	max. 3:00 min. <i>(own music)</i>	Adults 1 - 17 years and over Adults 2 - 31 years and over

** In the E (solo) and E+D (duos) leagues you can only appear once.

In leagues E and D training uniforms are required, without any decorations such as stones, sequins, etc.

DISCO SLOW

category	presentation time/level	age group
Solo Open	BEGINNER – beginner max 0:15:- 0:40-0:30 min. INTERMEDIATE – intermediate max 0:20-0:50-0:30 min. ADVANCE – advanced max 0:30-1:00-1:00 min. <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults – 17 and over
Open Duets	max 0:30-1:00-1:00 min. <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior – 13-16 years Adults – 17 and over

DISCO DANCE - ALL BLACK

category	presentation time/level	age group
Solo	max 0:30 – 1:00 – 1:00 (in the first round) max 1:00 – 1:00 (in subsequent rounds) <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults – 17 and over

DISCO SLOW - ALL BLACK

category	presentation time/level	age group
Solo	max 0:30 – 1:00 – 1:00 (in the first round) max 1:00 – 1:00 (in subsequent rounds) <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults - 17 years and over

DIAMONDS FOR ALL – DISCO DANCE*

category	presentation time/level	age group
Solo DIAMONDS OPEN	max 0:30 – 1:00 – 1:00 (in the first round) max 1:00 – 1:00 (in subsequent rounds) <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults - 17 and more

*White or gray clothing only. No jewelry such as stones is recommended.

DISCO DANCE FREESTYLE

category	presentation time/level	age group
Solo Open	max 0:30 – 1:00 – 1:00 <i>(music by the organizer)</i>	Children – 12 years old and less Junior 1 – 13-14 years old Junior 2 – 15-16 years old Adults – 17 years old and more

PERFORMING ART IMPROVISATION – PA IMPRO

category	presentation time , presentation type	age group
Solo Open	until 1:00 min. <i>(music by the organizer)</i>	Children – 12 years old and less Junior – 13-16 years Adults 1 – 17 years and over

* black attire required in accordance with IDO regulations

IMPROVISATION JAZZ

Category	presentation time , presentation type	age group
Solo	max 0:30 – 1:00 – 1:00 (in the first round) max 1:00 – 1:00 (in subsequent rounds) <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults – 17 and over

In the Improvisation Jazz category, regardless of the level of advancement, the costume must be black only, without any decorations such as sequins, stones, fringes, etc.

IMPROVISATION MODERN

Category	presentation time , presentation type	age group
Solo	max 0:30 – 1:00 – 1:00 (in the first round) max 1:00 – 1:00 (in subsequent rounds) <i>(music by the organizer)</i>	Mini Kids – 8 years and under Children – 12 years and under Junior 1 – 13-14 years Junior 2 – 15-16 years Adults – 17 and over

In the Improvisation Modern category, regardless of the level of advancement, the costume must be black only, without any decorations such as sequins, stones, fringes, etc.

*** PFT LEAGUE SOLO/DUO

DISCO DANCE HIP-HOP solos/ duets	E	Beginner dancer – first time at any competition, training attire required, no decorations such as stones, sequins, fringes, etc.
	D	Beginner dancers must wear training clothes, no decorations such as stones, sequins, fringes, etc.
	C	Beginner/Intermediate dancer, competition attire allowed
	B	Intermediate dancer, competition attire permitted
	AND	Advanced dancer, competition attire allowed
	S	Advanced Dancer - highest level, competition attire allowed
PA IMPRO solo	E D C B AND S	Level of advancement – as above. At all levels, tight-fitting black attire is required, with no embellishments such as stones, sequins, fringes, etc. Jewelry is prohibited.

CONDITIONS OF PARTICIPATION

By **September 15, 2025 (Tuesday)** you must:

1/ submit player registration electronically via the website: <http://www.danceit.pl/>

ATTENTION!!! REGISTRATION GATES WILL OPEN ON 30.06.2024 AT 10:00 AM

NOTE! In the event of the number of entries exceeding the time available to organize the competition, the Organizer reserves the right to close the start lists at any time*.
The Organizer will inform about this fact via the Organizer's social media.

*** in case of early gate closure – entry fee must be paid
within 5 days after their closure**

- In categories played to own music, the songs must be sent with the application via the danceit.pl system
- **Music pieces can be replaced until 24/09/2024, despite the closing of applications.**
- **For questions regarding registration, please contact:**
Michał Gawron, tel. +48 604 640 305, m.gawron@pft.org.pl

After the gates close, changes to the registration will be accepted as far as possible and after payment of a handling fee of +50 PLN per person /category.

Late entries = double entry fee. Deletions do not exempt from entry fee.

Once the start lists are published, it is not possible to make changes, only deletions are possible.

2/ pay the entry fee in the amount of:

	FOR DANCERS WITH A PFT 2025 LICENSE*	FOR DANCERS NO LICENSE PFT
SOLO <i>(MUSIC BY THE ORGANIZER)</i>	80 PLN	100 PLN
DUO <i>(MUSIC BY THE ORGANIZER)</i>	160 PLN	200 PLN
SOLO <i>(MY OWN MUSIC)</i>	100 PLN	120 PLN
DUO <i>(MY OWN MUSIC)</i>	200 PLN	240 PLN
GROUPS	75 PLN / per person	75 PLN / per person
FORMATIONS	75 PLN / per person	75 PLN / per person

NOTE! A new function has been added in the danceit.pl system -> Calculation of the correct entry fee for licensed PFT competitors. For the function to work correctly, you must purchase a license in the PFT DATABASE at least 2 days before submitting your application.

to the organizer's account:

Alchemy Sport & Art Academy
77 10501025 1000 0090 8229 3003

with description (e.g. name of the competition, name of the club, NIP, telephone number, e-mail)

***Failure to pay is tantamount to non-acceptance of the application on time.
and the need to pay double the entry fee for each category .***

Confirmation of participation on the day of the competition during the opening hours of the organizing office.

AWARDS

- diplomas for all dancers
- medals for places 1-3 for solo and duet categories (league E, D, Beginner)
- statuettes/cups for places 1-3 for solo and duet categories (league C, B, Intermediate)
- cups for places 1-3 for solo and duet categories (league A, S, Advance , Open)
- cups + medals for places 1-3 for groups and formations
- statuettes for the remaining final groups and formations

JUDICIAL COMMITTEE

The tournament will be judged by a Judging Committee appointed and approved by PFT and the Organizer.

TICKETS

Tickets/entrance tickets for the public – PLN 50/day; children up to 6 years old – free admission

EXTRACT FROM PFT/IDO REGULATIONS

- the age category is determined by the year of birth of the dancer (solo); the year of birth of the oldest dancer (duets, groups, formations)
- in the mini kids and children categories the following are prohibited (the exception is the OTHER FORMS category):
 - lifting
 - acrobatic elements with a flight phase and performed with the physical support of another dancer
 - elements made on the head
 - jumping from props higher than 1 meter
 - Pointe footwork
 - dark themes, costumes, music
 - make-up (except for the SHOW DANCE category - stage make-up)
 - the costume must cover intimate areas (it cannot be flesh-colored material or mesh)
- time of descent/entry, bringing in/taking away props*:
 - solos, duets - 15 seconds
 - groups - 25 seconds
 - formations - 45 seconds

* props may only be brought in/taken down by dancers taking part in a given presentation
- in the OTHER FORMS category, the above-mentioned IDO/PFT regulations do not apply, apart from the regulations regarding age category, clothing, time of entering and leaving the dance floor
- in the OPEN category – IDO regulations apply (ido-dance.com)
- in groups and formations it is possible to divide into levels of advancement (Basic, Intermediate , Open)
 - Basic – beginner teams, training clothes required, no decorations such as stones or sequins
 - Intermediate - tournament attire allowed, dance level - intermediate
 - Open - IDO regulations apply
- in the event of a small number of applications in groups and formations, the organizer has the right to combine levels Intermediate Advanced and Open

PFT LEAGUE POINTS CALCULATION

For each start in the tournament, the competitor receives 5 points. Places on the podium are scored as follows: 15 points for 1st place, 10 points for 2nd place, 5 points for 3rd place.

The competitor also receives points for each competitor defeated, example:

If 40 participants took part in the tournament in a given category, the winning player/ s will receive:

- 5 points for start (a)
- 15 points for 1st place (b)
- 40 participants minus 1st place equals 39 points (c)

So in total he gets: 5 + 15 + 39 = 59 points.

The competitor keeps the points when changing the age category. When changing the dance class, the points are reset to zero and collected from the beginning. To obtain a higher dance class, the competitor needs **250 points.**

NOTE! You can only compete in the E league once. After the first start, you are automatically promoted to the D league.

FINAL REMARKS

- Dance floor dimensions: for solos, duets, groups min. 8m x 8m, formations min. 12m x 14m.
- The organizer DOES NOT PROVIDE safety pins for starting numbers!
- The organizer does not provide care for participants and does not insure them. The obligation of care and insurance rests with the delegating institutions.
- The club, dancer has the right to withdraw from the competition at any stage. Withdrawal from the Tournament does not result in a refund of the entry fee.
- During the Tournament the following will be open: medical point
- The changing rooms are open - they are not locked or supervised, the organizer is not responsible for any items left in them.
- The insurance of the players is provided by the delegating institutions, which declare that they have such insurance of the players. The Organizer does not take care of the participants of the Tournament .
- ***All dancers are required to wear sports shoes (or dance without shoes) - no high heels or other types of footwear that may damage or scratch the floor are allowed.***
- The organizer reserves the right to combine categories.
- Written consent from the organizer is required for any form of advertising.
- During the Tournament, participants are obliged to strictly comply with the health and safety and fire protection regulations in force at the place where the competition takes place .
- Participation in the Tournament is tantamount to expressing permanent and unconditional free consent to video and television recording of all presentations.
- Protests only in written form will be accepted up to 15 minutes after the end of a given competition and will be considered by the Chief Judge and the Organizer after the deposit has been paid in the amount of PLN 200.
If the protest is not upheld, the deposit will not be returned and will be forfeited to the Organizer .
- **Detection of any age discrepancies between players will result in disqualification of the entire club and disclosure of such information to the public.**
- **The organizer reserves the right to combine levels of advancement in the event of a small number of applications or to divide age groups into individual years in the event of a large number of applications!**

INFORMATION CLAUSE ON PERSONAL DATA PROTECTION

1. In connection with the implementation of the requirements of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (General Data Protection Regulation "GDPR"), we inform you

about the principles of processing your personal data and your rights related to it.

2. The Personal Data Administrator is Sport & Art Academy sp. z o.o. with its registered office in Nadarzyn at ul. Sitarskich 19, 05-830 (hereinafter referred to as "Academy" or "Administrator"). In case of any questions, please contact us at our registered office address or directly with the Personal Data Protection Inspector by e-mail at paulina.asendrych@gmail.com

3. Your personal data are processed for the purpose of:

a) take action at your request before concluding a contract (the legal basis is Article 6(1)(b) of the GDPR),
b) conclusion/performance of the contract (the legal basis is Article 6, paragraph 1, letter b) of the GDPR),
c) Fulfillment of the obligations incumbent on the Controller, where the legal basis is Article 6 paragraph 1 letter c of the GDPR and the provisions of the relevant acts, which obligations concern:

c1) issuing and storing invoices and accounting documents;

c2) responding to complaints within the time and in the form required by law.

d) Fulfillment of the legitimate interests of the Administrator, in which case the legal basis is Article 6 paragraph 1 letter f GDPR, and these are the following activities:

d1) marketing of own products and services (direct marketing);

d2) analytical activities (selection of services to suit your needs, optimisation of our services based on your comments, optimisation of service processes, etc.);

d3) archival (evidence) purposes which constitute the implementation of our legitimate interest in securing information in the event of a need to demonstrate proper action;

d4) any determination, pursuit or defence against claims;

d5) customer satisfaction surveys and improvement of the quality and customer satisfaction with the services we provide;

d6) contact for organizational matters;

d7) implementation of statutory objectives, including registration for sports competitions and reporting to the sports organisations

in which it is associated.

e) The processing of special categories of data, i.e. information on the health of the Dancers, is based on the consent to the processing of data – based on art. 9 sec. 2 a) of the GDPR in connection with: - art. 37 of the Act of 25 June 2010 on sports (Journal of Laws 2018, item 1263), according to which a competitor participating in sports competition organized by a Polish sports association is obliged to obtain a medical certificate of health condition enabling safe participation in this competition. - Art. 92 k sec. 2 letter f) of the Act of 7 September 1991 on the education system (Journal of Laws Dz.U.2018.1457), on the basis of which important data on the health condition, psychophysical development and diet of the participant and his/her number are processed PESEL to confirm entitlement to health care benefits.

4. Providing data is voluntary, but necessary for the implementation of services of Sport & Art Academy sp. z o.o. , and failure to provide data to the extent required by the Administrator may result in failure to provide the service. In other cases, it is based on the voluntary consent of the person providing their personal data or legal regulations.

5. Personal data will be processed and stored for an adequate period and no longer than the periods in accordance with the currently applicable provisions of law in individual areas of data processing or until the Participant, Parent (Guardian) of the Participant withdraws the consent to their processing, and when this happens, for the period necessary and to the extent necessary due to legal requirements or to secure any claims.

6. The recipients of personal data may be cooperating partners, combining products or services

with the Controller; public authorities and entities performing public tasks or acting on behalf of public authorities, to the extent and for the purposes specified in the law; subcontractors of the Controller (processing entities), e.g. franchisees and entities providing accounting, bookkeeping, IT, legal, consulting services, marketing agencies, courier companies, etc.

7. In accordance with the GDPR, you have the right to:

a) the right to access your data and receive a copy thereof;

b) the right to rectify (correct) your data;

c) the right to delete data, limit data processing;

d) the right to object to data processing;

e) the right to data portability;

f) the right to lodge a complaint with the supervisory authority (President of the Personal Data Protection Office, ul. Stawki 2, 00-193 Warsaw).

8. Information on data transfer outside the EEA and automated decision-making:

a) We do not currently transfer or plan to transfer your data outside the European Economic Area. However, if this were to happen in the future, processing will be carried out using standard contractual clauses approved by the European Commission in order to ensure an adequate level of data protection required by law.

b) Your Data is not subject to automated decision-making, including profiling.